

# Tellico Village Hiking Club



## FROZEN HEAD MOUNTAIN OBSERVATION TOWER Wednesday, January 27, 2021

**Depart at 8AM from Lakeside Realty Parking Lot**

This hike affords the opportunity to explore Frozen Head State Park and its rugged wild terrain, close by the Cumberland Mountains. In the Tennessee State Park system, Frozen Head is a gem. This is a loop hike starting on the North Old Mac and returning on the Spicewood Trail. If the weather conditions are right, we should see why Frozen Head Mountain got its name. It is often covered by frost as it is a high point in the Cumberlands. Dress in layers. We will work up a sweat going uphill and it will be cold and frosty at the top of the observation tower.

### FROZEN HEAD MOUNTAIN OBSERVATION TOWER

**Distance:  
8.25 miles**

**Rating:  
Moderate**

**Driving Time:  
1 hr. 15 min.**

**Elevation Gain:  
1800 feet**

**Leader:  
John Winn  
at 865-824-6200 or**

**john.winn@gmail.com**



Hiking boots and hiking sticks are recommended.



Driving directions will be provided the morning of the hike.



Bring water and a trail lunch.

#### **We will continue with Covid-19 protocol for November hikes**

1. Social distancing of at least 6 feet is still in order on and off the trails.
2. We will not be setting up carpools. Each hiker should drive on their own or may go with another person that they know and feel comfortable with.
3. We will meet at Lakeside Realty parking lot for directions, take a vehicle count, but there is no need to get out of your vehicle and gather as we use to do.

Thank you for adhering to the protocol during this time